## OMANUTI art activities

# HIGHS

## Handless Handshake & High5

### What is needed?

- Bristol or Cardboard (inside of food boxes)
- Markers/Stickers/Gouache/Glitter etc...
- Scissors
- Adhesive paper/Masking tape
- Skewer/Stick

#### Instructions:

- Place the palm of your hand on the cardboard & draw around it.
- Decorate your cardboard hand with markers/stickers/gouache/glitter etc...
- After drying cut around the shape of your hand as accurately as possible.
- Flip your decorated hand over so that the decorated part is facing down.
- Place the skewer/stick in the middle and tape it to the cardboard.
  (If you are using skewer make sure the pointed edge is glued to cardboard)





